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Protein Bar (AU)

Menu Prices — October 24, 2026

Protein Bar (AU) menu with prices in Australia, updated March 2025: 83 items across 11 categories, prices from $4.95 to $22.10.

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Protein Bar (AU) Menu with Prices (Australia)

Protein Bar (AU) menu with prices in Australia, updated March 2025: 83 items across 11 categories, prices from $4.95 to $22.10. Prices are collected by PriceListo and may vary by location. See the latest prices online at au.pricelisto.com/menu-prices/protein-bar-au

Menu categories: Featured items · Acai Bowls · Specality Acai Bowls · Hot Beverages · Iced Drinks · Protein Shakes and Smoothies · Wellbeing Drinks · Warm and Savoury · Raw Treats · Pastries · Pressed Juices

Featured items

ITEM	PRICE
Original Acai Bowl Un mélange d'açaï rehaussé de granola croustillant, de tranches de banane, de fraises juteuses, de flocons de noix de co...	**$16.77**
Summer Dreaming Acai Bowl Un mélange d'açaï accompagné de granola croquant, de flocons de noix de coco, de tranches de fraises, de kiwis frais, de...	**$19.35**
Health Nut Acai Bowl Un mélange crémeux d'açaï couronné de granola croustillant, de flocons de coco, de noix variées, de tranches de banane e...	**$20.65**
Banana Biscoff Bowl Delicia acai blend mixed with plant salted caramel protein powder and topped with granola, banana, coconut flakes, banan...	**$22.10**
Peanut Butter Cup Protein Bowl Delicia choc nutty Acai blended with chocolate banana hemp protein, topped with granola, coconut flakes, cacao nibs, str...	**$22.10**
Little Bebe Kids Acai Bowl Delicia Acai blend topped with banana, strawberries, and choice of chocolate chips or sprinkles.	**$10.25**
Mango Recovery Well being drinks (think health juices). Mango recovery (the great hangover cure) contains mango, strawberry, passionfru...	**$11.00**
Protein Bowl Delicia Acai blend mixed with plant vanilla bean protein powder and topped with granola, banana, pistachios, pepitas, go...	**$22.10**
Snickers Please Delicia choc nutty Acai blend topped with granola, banana, strawberries, coconut flakes, coconut yoghurt and raw cacao n...	**$19.50**
Iced Green Energy Tea Iced green energy tea, with added powerful antioxidant resveratrol, 84mg caffeine, 7 calories, 0 sugars, 1.6g carbs, nat...	**$11.00**

Acai Bowls

ITEM	PRICE
Original Acai Bowl (Acai Bowls) Mélange d'açai garni de granola croustillant, rondelles de banane, morceaux de fraises fraîches, copeaux de noix de coco...	**$16.77**
Summer Dreaming Acai Bowl (Acai Bowls) Mélange d'açaï rafraîchissant garni de granola croustillant, flocons de noix de coco, fraises juteuses, kiwi, myrtilles,...	**$19.35**
Banana Biscoff Bowl (Acai Bowls) Delicia acai blend mixed with plant salted caramel protein powder and topped with granola, banana, coconut flakes, banan...	**$22.10**
Health Nut Acai Bowl (Acai Bowls) Delicia Acai blend topped with granola, coconut flakes, mixed nuts, bananas, strawberries, goji berries, chia seeds, nut...	**$20.65**
Naughty Indulgence Acai Bowl Delicia Acai blend topped with cashew, coconut flakes, strawberries, raspberries, carob bites and cacao nibs drizzled in...	**$19.35**
Little Bebe Kids Acai Bowl (Acai Bowls) Delicia Acai blend topped with banana, strawberries, and choice of chocolate chips or sprinkles.	**$10.25**

Specality Acai Bowls

ITEM	PRICE
Peanut Butter Cup Protein Bowl (Specality Acai Bowls) Delicia choc nutty Acai blended with chocolate banana hemp protein, topped with granola, coconut flakes, cacao nibs, str...	**$22.10**
Snickers Please (Specality Acai Bowls) Delicia choc nutty Acai blend topped with granola, banana, strawberries, coconut flakes, coconut yoghurt and raw cacao n...	**$19.50**
Protein Bowl (Specality Acai Bowls) Delicia Acai blend mixed with plant vanilla bean protein powder and topped with granola, banana, pistachios, pepitas, go...	**$22.10**

Hot Beverages

ITEM	PRICE
Hot Chocolate (Small) Vegan hot chocolate with your choice of milk.	**$5.40**
Hot Chocolate (Regular) Chocolat chaud végan, préparé avec le lait de votre choix.	**$6.40**
Hot Chocolate (Large) Grand chocolat chaud végétalien, préparé avec le lait de votre choix.	**$7.30**
Mocha (Small) Chocolat chaud enrichi d'un espresso.	**$5.85**
Mocha (Regular) Hot chocolate with a shot of coffee.	**$7.35**
Mocha (Large) Hot chocolate with a shot of coffee.	**$8.25**
Tea (Small) Choose from a range of byron bay teas.	**$4.95**
Tea (Large) Choose from a range of byron bay teas.	**$5.45**
Coffee (Small) Choose from cappuccino, latte, or flat white.	**$5.40**
Coffee (Regular) Choose from cappuccino, latte, or flat white.	**$6.40**
Coffee (Large) Choose from cappuccino, latte, or flat white.	**$7.80**
Alternative Lattes (Small) Choose from chai, beetroot, matcha and tumeric.	**$5.40**
Alternative Lattes (Regular) Une sélection de lattes offrant des options comme le chai, la betterave, le matcha et le curcuma.	**$6.40**
Alternative Lattes (Large) Une grande sélection de lattes originaux : chai épicé, betterave terreuse, matcha raffiné ou curcuma vibrant.	**$7.80**
Dirty Chai (Small) Chai with a shot of coffee.	**$5.85**
Dirty Chai (Regular) Chai with a shot of coffee.	**$7.35**
Dirty Chai (Large) Chai with a shot of coffee.	**$8.25**

ITEM	PRICE
Espresso Options Choose from espresso, short black, half latte and macchiato.	**$5.20**

Iced Drinks

ITEM	PRICE
Iced Green Energy Tea (Iced Drinks) Iced green energy tea, with added powerful antioxidant resveratrol, 84mg caffeine, 7 calories, 0 sugars, 1.6g carbs, nat...	**$11.00**
Iced Latte (Regular)	**$8.45**
Iced Latte (Large)	**$10.85**
Iced Beetroot Latte (Regular) faux	**$8.45**
Iced Beetroot Latte (Large)	**$10.85**
Iced Long Black (Regular)	**$8.45**
Iced Long Black (Large)	**$10.85**
Iced Matcha Latte (Regular)	**$8.45**
Iced Matcha Latte (Large)	**$10.85**
Iced Chocolate (Regular) Vegan chocolate Iced drink.	**$8.45**
Iced Chocolate (Large) Vegan chocolate Iced drink.	**$10.85**
Iced Chai Latte (Regular)	**$8.45**
Iced Chai Latte (Large)	**$10.85**
Iced Turmeric Latte (Regular)	**$8.45**
Iced Turmeric Latte (Large)	**$10.85**

Protein Shakes and Smoothies

ITEM	PRICE
Vanilla Iced Coffee Shake Une onctueuse boisson glacée réunissant notre poudre de protéines à la vanille avec un espresso de notre mélange delicia...	**$12.85**
Bouncing Banana Smoothie Faites-vous plaisir avec une dose de protéines végétales, choisissant entre chocolat, vanille ou caramel salé. Mixé avec...	**$12.85**
Pretty Pink Smoothie A fruity smoothie packed with dragonfruit, mango, banana, crushed ice and coconut water.	**$12.30**
Mango Passion Protein Shake Vanilla ice cream protein Powder mixed with mango, passionfruit, crushed ice and milk.	**$12.30**
Boss Shake Delicia plant based chocolate protein, mixed with granola, mixed nuts, nut butter, cacao nibs, crushed ice and almond mi...	**$16.10**
Strawberry Dream smoothie Delicia plant based vanilla sponge cake protein blended with strawberries, banana, crushed ice and your milk of choice....	**$12.85**
Blueberry Beauty smoothie An antioxidant smoothie packed full of blueberries, banana, maple syrup, crushed ice, and your choice of milk....	**$12.30**

ITEM	PRICE
Acai Protein Shake Blend of coconut protein powder mixed with acai, mango, mixed berries, banana and coconut water.	**$16.10**
The Earth Shake Vanilla caramel hemp protein blended with dates, granola, banana, nut butter, Himalayan hemp seed hearts and milk....	**$16.12**
Vegan Protein Shake Your choice of organic plant based protein powder mixed with crushed ice and milk.	**$10.95**
Cookies and Cream Shake Un mélange crémeux de glace à la vanille et de protéines, mixé avec des morceaux de biscuits Oreo et votre choix de lait...	**$12.85**
Gourmet Whey Protein Shake Your choice of gourmet whey protein powder, mixed with crushed ice and milk.	**$10.25**

Wellbeing Drinks

ITEM	PRICE
Mango Recovery (Wellbeing Drinks) Well being drinks (think health juices). Mango recovery (the great hangover cure) contains mango, strawberry, passionfru...	**$11.00**
Tropic Thunder Well being drinks (think health juices). Tropic thunder (aka non-alcoholic pina colada) packed full of pineapple, kiwi,...	**$11.00**
Iced Green Energy Tea (Wellbeing Drinks) Iced green energy tea, with added powerful antioxidant resveratrol, 84mg caffeine, 7 calories, 0 sugars, 1.6g carbs, nat...	**$11.00**
The Red Thang Antioxidant berry blast of accai, maqui, cherry, raspberry, wild blueberry, strawberry, cranberry, bilberry, pomegranate...	**$11.00**

Warm and Savoury

ITEM	PRICE
Stackem Up Protein Pancakes Yummy hot pancake, which includes Delicia's very vanilla sponge cake protein powder. Gluten and dairy Free. Served with...	**$19.35**
Warm Granola Crunch An awesome warm brekky option, our in-house made granola with some warm milk of your choice, topped with strawberries, b...	**$12.85**

Raw Treats

ITEM	PRICE
Caramel Nougat Slice Gluten free, vegan and no refined sugars.	**$11.00**
Snickers Slice Un dessert végétalien, sans gluten et sans sucre raffiné.	**$11.00**
The Original Chocolate Protein Ball Gluten free, vegan and no refined sugar.	**$7.00**
Salted Caramel Ball Vegan and free from refined sugars	**$7.00**

Pastries

ITEM	PRICE
Almond Croissant Almond croissant - dairy free / vegan Contains gluten, soy, nuts (almonds)	**$11.00**

ITEM	PRICE
Rhubarb and Almond Croissant Rhubarb and Almond Croissant Contains nuts and gluten Vegan	**$11.50**
Ham and Sheese Croissant Ham and sheese croissant - dairy / vegan Contains gluten, soy	**$11.00**
Almond and Chocolate Brownie Almond and Chocolate Brownie Contains nut products and gluten	**$7.95**
Carrot Cake Slice Carrot Cake slice	**$7.95**
Cheese and Onion Croissant Cheese and Onion Croissant contains gluten and nut products	**$11.00**

Pressed Juices

ITEM	PRICE
Orange Juice Jus d'orange fraîchement pressé avec pulpe, servi sur glace.	**$7.20**
Green Machine Pressed Juice Green Machine Pressed Juice Served with ice	**$7.20**
Apple Juice Pur jus de pommes fraîchement pressées, servi sur glace croquante.	**$7.20**